



230 Pottersville Road  
 Chester, New Jersey 09730  
**Phone** (908) 895 – 4931 ext. 203  
**Fax** (908) 888-2208

**PRE – ADMISSION MEDICAL CLEARANCE FORM**

*Please complete this form and attach most recent semiannual dental exam records, immunization forms and growth charts (for patients 18 and under) so that we can complete our preadmission screening. Please ensure that you bring at least 2 weeks of any prescribed medications for admission. Thank you.*

**Patient Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Provider name and credentials completing the form:** \_\_\_\_\_

**Exam Date:** \_\_\_\_\_

**ED Diagnosis:** \_\_\_ Anorexia Nervosa \_\_\_ Bulimia Nervosa \_\_\_ ARFID \_\_\_ BED \_\_\_ OSFED

**General:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Height:** \_\_\_\_\_ **Weight:** \_\_\_\_\_ **Temp:** \_\_\_\_\_

*Please obtain lying and standing blood pressure and pulse if clinically indicated.*

**Pulse**

Lying: \_\_\_\_\_ Sitting: \_\_\_\_\_ Standing: \_\_\_\_\_

**Blood Pressure**

Lying: \_\_\_\_\_ Sitting: \_\_\_\_\_ Standing: \_\_\_\_\_

Skin: WNL\_\_\_

Heent : WNL\_\_\_

Cardiac : WNL\_\_\_

Lungs :WNL\_\_\_

Abdomen :WNL\_\_\_

Extremities: WNL\_\_\_

Neuro: WNL\_\_\_

GU:WNL\_\_\_

Date of last PAP, if indicated \_\_\_\_\_

**Does patient have any complaints of physical pain? If yes describe:**

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**History of re-feeding syndrome, lower leg edema, cardiac conditions?**

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**Summary:**\_\_\_\_\_

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***Pre-admit Laboratory tests (need to be completed within 2 weeks of admission) please fax all results to:  
908. 888.2208***

EKG

CBC with Diff.

CMP /MAGNESIUM/PHOSPHORUS, AMYLASE, LIPASE, TSH, THYROID PROFILE

URINALYSIS

SERUM HcG

VITAMIN D LEVELS

URINE PREGNANCY TEST (if available)

**COVID RAPID or PCR TEST (TO BE COMPLETED WITHIN 48 HOURS OF ADMISSION)**

QUANTIFERON TB GOLD

Last flu vaccination date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Would patient be willing to have a flu vaccine administered while at Hidden River?

Circle: YES NO

Would patient be willing to have a COVID vaccine and/or booster administered while at Hidden River?

Circle: YES NO

Food Allergies:

\_\_\_\_\_

Type of allergy testing used to confirm:

\_\_\_\_\_

In the interest of accuracy, we require that any reported food allergies be accompanied by validated testing (oral challenge, skin prick, serum IgE antibodies, biopsy) by a physician. **We cannot accommodate food allergies without proper testing, so please provide appropriate documentation.**

Medical Problems:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Medications:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Allergies (does patient require a use of a Epi-pen):

Yes\_\_ No\_\_

**Is patient free from communicative diseases:**

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Physician/Practitioner (printed)

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Physician/Practitioner (signature)

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Date

Office phone: \_\_\_\_\_

Office fax: \_\_\_\_\_

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