



230 Pottersville Road
 Chester, New Jersey 07930
 Fax number: 908.888.2208

PRE – ADMISSION MEDICAL CLEARANCE FORM

Please complete this form and attach most recent semiannual dental exam records, immunization forms and growth charts (for patients 18 and under) so that we can complete our preadmission screening. Please ensure that you bring at least 2 weeks of any prescribed medications for admission. Thank you.

Patient Name: _____ **Date of Birth:** _____

Provider name and credentials completing the form: _____

Exam Date: _____

ED Diagnosis: ___Anorexia Nervosa ___Bulimia Nervosa ___ARFID ___BED ___OSFED

General: _____

Height:_____ **Weight:**_____ **Temp:**_____

Please obtain lying and standing blood pressure and pulse if clinically indicated.

Pulse

Lying: _____ Sitting: _____ Standing: _____

Blood Pressure

Lying: _____ Sitting: _____ Standing: _____

Skin: WNL___

Heent : WNL___

Cardiac : WNL___

Lungs :WNL___

Abdomen :WNL___

Extremities: WNL___

Neuro: WNL__

GU:WNL___

Date of last PAP, if indicated _____

Does patient have any complaints of physical pain? If yes describe:

History of re-feeding syndrome, lower leg edema, cardiac conditions?

Summary:

Pre-admit Laboratory tests please fax all results to: 908. 888.2208

EKG

CBC with Diff.

CMP /MAGNESIUM/PHOSPHORUS, AMYLASE, LIPASE, TSH, THYROID PROFILE

URINALYSIS

SERUM HcG

VITAMIN D LEVELS

URINE PREGNANCY TEST (if available)

COVID RAPID or PCR TEST (TO BE COMPLETED WITHIN 48 HOURS OF ADMISSION)

QUANTIFERON TB GOLD

Last flu vaccination date: _____/_____/_____

Would patient be willing to have a flu vaccine administered while at Hidden River?

Circle: YES NO

Would patient be willing to have a COVID vaccine and/or booster administered while at Hidden River?

Circle: YES NO

Food Allergies:

Type of allergy testing used to confirm:

In the interest of accuracy, we require that any reported food allergies be accompanied by validated testing (oral challenge, skin prick, serum IgE antibodies, biopsy) by a physician. **We cannot accommodate food allergies without proper testing, so please provide appropriate documentation.**

Medical Problems:

Medications:

Allergies (does patient require a use of a Epi-pen):

Yes__ No__

Is patient free from communicative diseases:

Physician/Practitioner (printed)

Physician/Practitioner (signature)

Date

Office phone: _____

Office fax: _____

Hidden River Eating Disorder Treatment
230 Pottersville Road
Chester , New Jersey 09730
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Fax (908) 888-2208